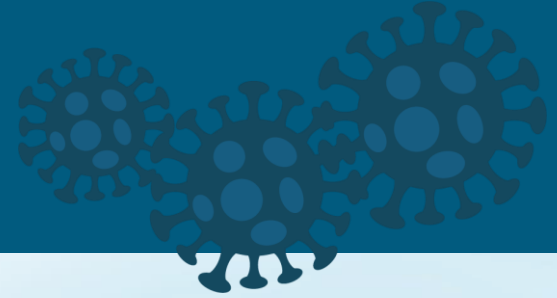


ISC - Alberta Region COVID-19 Daily Update for Chiefs: *May 8, 2020*



Updates

Update on Testing Criteria:

On May 4th, Dr. Hinshaw, Alberta's Chief Medical Officer of Health, announced expanded testing criteria for COVID-19. Any Albertans who are suffering from a fever, chills, new cough or worsening of a chronic cough, new or worsening shortness of breath or difficulty breathing, sore throat or painful swallowing, stuffy or runny nose, headaches, muscle or joint aches, feeling unwell in general, new fatigue, severe exhaustion, gastrointestinal symptoms (including nausea, vomiting, diarrhea or unexplained loss in appetite), loss of smell and pink eye now qualify for a COVID-19 test. For further information on testing and symptoms click [here](#).

Community Liaison Teams remain available to support your communities in COVID-19

Since the creation of our ISC-AB Community Liaison Teams in early April, the teams remain available to all First Nations and Tribal Councils to support any questions and/or requests related to COVID-19. The teams have been busy working with your communities providing clarity on eligible expenditures for the Covid-19 relief funds (EMAP/ICSF), guidance on setting up isolation units and treatment centres, helping in the development of emergency/pandemic plans, sharing best practices and lessons learned, linking communities to departmental subject matter experts on program specific questions (e.g. Education, Capital, Social), and gathering information from Nations on funding pressures to support the region's advocacy efforts.

Question of the Day

Q: When and how should one self-isolate?

A: Anyone diagnosed with confirmed COVID-19 must self-isolate for a minimum of 10 days. Contacts of a confirmed case and returning international travelers must self-isolate for a minimum of 14 days. Anyone in Alberta with symptoms that could be COVID-19 (cough, fever, shortness of breath, runny nose, or sore throat) must self-isolate until symptoms resolve, as long as they test negative for COVID-19.

A detailed poster on how to isolate can be found [here](#).

National Information

[Canada COVID-19 App and Self-Assessment Tool](#)

[Coronavirus \(COVID-19\) and Indigenous communities](#)

[New public health videos in Indigenous languages](#)

The Hope for Wellness Help Line is open 24 hours a day 7 days a week to support members of your community experiencing emotional distress and may be reached directly by dialling **1-855-242-3310** or via online chat at: hopeforwellness.ca



Alberta Cases:

as of May 7 3:30 p.m. MST

AB Total Confirmed (May 7 – 54 new cases)	6,017
Confirmed First Nations on-reserve Cases	26
Calgary Zone	4,044
Central Zone	94
Edmonton Zone	505
North Zone	226
South Zone	1,124
Unknown	24
Deaths due to COVID-19	114

Reminder: Call Schedule for May

- 3:00 p.m. May 12 – Treaty 6 Chiefs
- 3:00 p.m. May 14 – Treaty 8 Chiefs
- 3:00 p.m. May 20 – Treaty 7 Chiefs
- 3:00 p.m. May 27 – Treaty 6, 7 and 8 All Chiefs Call

Chiefs, respecting how valuable your time is, please continue to send your requests to Dean Janvier and we will structure these calls to make sure we are providing the information that is most important to you.

Regional Snapshot



Useful Links

AHS COVID FAQs

- [novel Coronavirus \(COVID-19\) FAQs for Public](#)

GCIndigenous Twitter

- <https://twitter.com/GCIndigenous> includes updates, news releases and links for resources

GCIndigenous YouTube

- [COVID-19: Indigenous Services Canada Updates \(on YouTube\)](#)

Regional Contact:

Dean Janvier, Special Leadership Liaison, is available to support information sharing and to assist you in navigating questions or concerns related to COVID-19. He may be reached at Dean.Janvier@gmail.com or 780-545-6655.