

# ISC - Alberta Region COVID-19 Daily Update for Chiefs: *May 7, 2020*



## Updates

### Relaunch Considerations:

We are aware that the recent announcement of [Alberta's Relaunch Strategy](#) by the Premier has generated numerous questions on the requirements and considerations for lifting restrictions in your communities. We were fortunate to be joined by Dr. Deena Hinshaw, Alberta's Chief Medical Officer of Health, on May 5<sup>th</sup> to answer many of your questions.

The COVID-19 pandemic situation remains uncertain – we can't say how long the event, or the recovery from it, will take. As jurisdictions move forward with reopening strategies, we remain focused on supporting you in your planning for how relaunch will look for your communities. Beginning to ease restrictions relies on continued practice of key public health measures and orders: such as physical distancing, proper hygiene, limiting the size of gatherings and the use of non-medical PPE. Your continued communication of these measures to your members is critical to any successful reopening.

We know there are still many questions, and a number of unknowns, but we will do our best to continue to update you and support any relaunch activities in your communities. We also encourage you to review [Alberta's Relaunch Strategy Guidance Documents](#), as emphasized by Dr. Hinshaw during our May 5<sup>th</sup> all Chiefs call. In the coming days, we will share written feedback from Dr. Hinshaw with you. As further relaunch details become clear, we appreciate that future all Chiefs calls may continue to focus on this important subject.

## Question of the Day

**Q:** What precautions are most important for our communities to continue to take?

**A:** As the weather improves and restrictions begin to be eased, it is important to remember to protect yourself and others. You can participate in outdoor activities with your immediate family. Cultural ceremonies are permitted so long as physical distancing is maintained (keep at least 6 feet from others) and the gatherings are restricted to less than 15 people. Always wash or sanitize your hands after touching communal surfaces. Efforts should be made to limit travel off reserve and take precautions about visiting Elders and those with medical conditions.

## National Information

[Canada COVID-19 App and Self-Assessment Tool](#)

[Coronavirus disease \(COVID-19\): Prevention and risks](#)

[Parenting During COVID-19 Poster](#)

**The Hope for Wellness Help Line** is open 24 hours a day 7 days a week to support members of your community experiencing emotional distress and may be reached directly by dialling **1-855-242-3310** or via online chat at: [hopeforwellness.ca](https://hopeforwellness.ca)



## Alberta Cases:

as of May 6 3:30 p.m. MST

<b>AB Total Confirmed (May 6 – 70 new cases)</b>	<b>5,963</b>
<b>Confirmed First Nations on-reserve Cases</b>	<b>26</b>
<b>Calgary Zone</b>	<b>4,003</b>
<b>Central Zone</b>	<b>91</b>
<b>Edmonton Zone</b>	<b>503</b>
<b>North Zone</b>	<b>229</b>
<b>South Zone</b>	<b>1,111</b>
<b>Unknown</b>	<b>26</b>
<b>Deaths due to COVID-19</b>	<b>112</b>

### Continue to help prevent the spread

Even as the Province begins its gradual reopening, strict measures must remain in place to help prevent the spread. This includes staying home as much as possible, practicing social distancing when out in public, wearing a mask, maintaining good hygiene and avoiding all non-essential travel. A detailed list of the precautions you can take to continue to help prevent the spread can be found [here](#).

## Regional Snapshot



## Useful Links

### AHS COVID FAQs

- [novel Coronavirus \(COVID-19\) FAQs for Public](#)

### Today's TeleHealth Session

- There will be a Telehealth Session today from 1:30 – 3:00 PM. Visit the First Nation portal at [www.fntn.ca](http://www.fntn.ca) to register. FNIHB staff will be available for questions. Questions can be submitted in advance or at the end of the presentation to [VChelp@FNTN.ca](mailto:VChelp@FNTN.ca)

### Regional Contact:

Dean Janvier, Special Leadership Liaison, is available to support information sharing and to assist you in navigating questions or concerns related to COVID-19. He may be reached at [Dean.Janvier@gmail.com](mailto:Dean.Janvier@gmail.com) or 780-545-6655.